



Menu A

(This particular menu is relevant during the warmer school terms, generally 1 & 4)

Week	Monday (Meat-free Mondays!)	Tuesday	Wednesday	Thursday	Friday
1	Garlic Bread + Mixed Platters	Cheese and Ham Rolls + Mixed Platters	Turkey Meatballs + Mixed Platters	Potato Gems + Mixed Platters	Flat Bread & Dips + Mixed Platters
2	Vegetarian Spring-Rolls + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Make Your Own Sanga	Mexican Salad Bowls	Mini Quiches + Mixed Platters
3	Potato Gems + Mixed Platters	Sushi Bowls	Vita-weat sandwiches with vegemite, jam or Cheese + Mixed Platters	Turkey Meatballs / Vegetarian Nuggets + Mixed Platters	Veg Nacho's + Mixed Platters
4	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Sushi + Mixed Platters	Flat Bread & Dips + Mixed Platters	Honey Soy Chicken Wings w/ rice / Vege Nuggets + Mixed Platters	Potato Gems + Mixed Platters
5	Vita-weat sandwiches with vegemite, jam or Cheese + Mixed Platters	Mexican Salad Bowls	Garlic Bread + Mixed Platters	Cheese and Ham Rolls + Mixed Platters	Mini Quiches + Mixed Platters
6	Variety of Sandwiches + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters	Sushi + Mixed Platters	Veg Nacho's + Mixed Platters
7	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Turkey Meatballs / Veg nuggets + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Make Your Own Sanga	Garlic Bread + Mixed Platters
8	Vegetarian Spring-Rolls + Mixed Platters	Honey Soy Chicken Wings with rice / veg nuggets + Mixed Platters	Cheese and Ham Rolls + Mixed Platters	Mexican Salad Bowls	Potato Gems + Mixed Platters
9	Variety of Sandwiches + Mixed Platters	Turkey Meatballs / Veg nuggets + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters	Sushi Bowls + Mixed Platters	Flat Bread & Dips + Mixed Platters
10	Vita-weat sandwiches with vegemite, jam or Cheese + Mixed Platters	Cheese and Ham Rolls + Mixed Platters	Honey Soy Chicken Wings with rice + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Veg Nacho's + Mixed Platters
11	Garlic Bread + Mixed Platters	Make Your Own Sanga	Mini Quiches + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Sushi + Mixed Platters



Menu B

(This particular menu is relevant during the cooler school terms, generally 2 & 3)

Week	Monday (Meat-free Mondays!)	Tuesday	Wednesday	Thursday	Friday
1	Garlic bread + Mixed Platters	Cheese and Ham Rolls + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Sushi + Mixed Platters	Flat Bread & Dips + Mixed Platters
2	Pumpkin & Vegetable Soup w/bread	Vita-weat sandwiches with vegemite, jam or Cheese + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
3	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Sushi Bowls	Cheese and Ham Rolls + Mixed Platters	Minestrone w/ Turkey & Quinoa meatballs	Mini Quiches + Mixed Platters
4	Vita-weat sandwiches with vegemite, jam or Cheese + Mixed Platters	Veg Nacho's + Mixed Platters	Butter Chicken / Paneer Butter Masala with Rice	Chicken/ Vegetarian Nuggets + Mixed Platters	Potato Gems + Mixed Platters
5	Vegetarian Spring-Rolls + Mixed Platters	Sushi + Mixed Platters	Mexican Salad Bowls	Pasta with Turkey Bolognese / Bechamel	Flat Bread & Dips + Mixed Platters
6	Variety of Sandwiches + Mixed Platters	Pumpkin & Vegetable Soup w/bread	Mini Quiches + Mixed Platters	Turkey Meatballs / Veg nuggets + Mixed Platters	Garlic Bread + Mixed Platters
7	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Cheese and Ham Rolls + Mixed Platters	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Sushi + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters
8	Veg Nacho's + Mixed Platters	Minestrone w/ Turkey & Quinoa meatballs	Garlic bread + Mixed Platters	Mini Quiches + Mixed Platters	Potato Gems + Mixed Platters
9	Make Your Own Vego Sanga	Tuna or Cheese Pasta Bake + Mixed Platters	Veg Nacho's + Mixed Platters	Sushi + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
10	Potato Gems + Mixed Platters	Cheese and Ham Rolls + Mixed Platters	Pumpkin & Vegetable Soup w/bread	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters
11	Vita-weat sandwiches with vegemite, jam or Cheese + Mixed Platters	Pasta with Turkey Bolognese / Bechamel	Flat Bread & Dips + Mixed Platters	Butter Chicken / Paneer Butter Masala with Rice	Mini Quiches + Mixed Platters