D-15 Allergies

Epping Heights OSHC.

NQS

| QA. 2.1 | Health. |
| QA. 2.1.1 | Wellbeing and comfort. |
| QA. 2.1.2 | Health practices and procedures. |
| QA. 4.2.2 | Professional standards. |
| QA. 6.1 | Supportive relationships with families. |
| QA. 6.1.1 | Engagement with the service. |
| QA. 7.1.2 | Management systems. |

National Regulations

| Reg. 77 | Health, hygiene and safe food practices |
| Reg. 90 | Medical conditions policy |
| Reg. 91 | Medical conditions policy to be provided to parents |
| Reg. 162 | Health information to be kept in enrolment record |
| Reg. 168 | Education and care service must have policies and procedures |

My Time, Our Place

| LO. 1 | Children feel safe, secure, and supported |
| LO. 3 | Children have a strong sense of wellbeing |

POLICY STATEMENT

We aim to provide safe and effective care of children by ensuring the staff are fully aware of the individual needs of all children, including their reactions to, and management of, allergies.

RELATED POLICIES

- Epping Heights OSHC Policy A-4: Enrolment
- Epping Heights OSHC Policy C-3: Staff Orientation and Induction
- Epping Heights OSHC Policy C-9: Relief Staff
- Epping Heights OSHC Policy C-10: Volunteers/Students/Visitors
- Epping Heights OSHC Policy D-1: Dealing with Medical Conditions
- Epping Heights OSHC Policy D-2: Hygiene
- Epping Heights OSHC Policy D-3: Food and Nutrition
- Epping Heights OSHC Policy D-4: Food Safety and Handling
- Epping Heights OSHC Policy D-17: Anaphylaxis
PROCEDURE

Parents will be asked to inform the Centre of any allergies the child may have at the time of enrolment. This information is recorded on the enrolment form.

Parents are reminded of this requirement through the Family Handbook and the Information Brochure.

All staff are informed of the current enrolments with allergies on an ongoing basis.

Where the child has a severe allergy, the parents will be asked to supply a Medication Management plan from their doctor explaining the effects if the child was to be exposed to a particular allergen and the action required as per Regulation 90. Children with Anaphylaxis will be required to provide an “Action Plan for Anaphylaxis” from the child’s doctor. Without these plans, a child’s enrolment will not be confirmed.

Permission will be sought from the parent for their child’s action plan to be placed in a visible spot in the kitchen.

All staff will be informed of the current enrolments with allergies on an ongoing basis. A list will be kept of all children with particular allergies and staff will be responsible for referring to the list at the commencement of each shift.

All relief staff and volunteers will be informed of the list on initial employment and provided orientation on what action to take in the event of a medical emergency involving the child.

Food Allergies

A listing of children with food allergies will be placed in the kitchen to remind staff.

A list of what the child cannot eat will be noted, as well as alternatives of what the child can eat.

All staff are to make themselves aware of the allergy records on an ongoing basis.

All relief staff will be informed of all allergies on initial employment.

Parents/guardians of child with an allergy are provided access to a copy of the ‘Allergies’ policy (Regulation 91).

Parents in conjunction with medical professionals and the Centre Director will work on Risk Minimisation and Communication plans for their child.

Parents will provide the Service with all relevant medication to manage their child’s allergy.

Practices and procedures in relation to safe food preparation and consumption will be reviewed each time an enrolment for a child with a Severe Allergy is accepted at the centre. At minimum, this policy will be reviewed every 12 months.

If relevant, policies and practices in relation to specific needs of individual children will be developed and implemented.
Signs at the centre will discourage parents from providing their children with nut/seed products as this is a common allergen.

Notify issues of significance to:

NSW Early Childhood Education and Care Directorate
Department of Education and Communities

Locked Bag 4028
ASHFIELD NSW 2131
Phone: (02) 02 9716 2100 or 1800 619 113 (toll free)
Fax: (02) 9716 2162

Website: [www.det.nsw.edu.au](http://www.det.nsw.edu.au)
E-mail: cslicensing@dhs.nsw.gov.au

**SOURCES**

- Education and Care Services National Regulations 2011
- National Quality Standard
- Children (Education and Care Services National Law Application) Act 2010
- United Nations Rights of the Child (Article 24)
- NSW Public Health Act 2010

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