

# OUR BREAKFAST

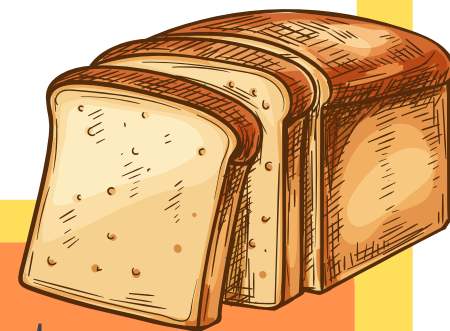


## Cereal

Corn Flakes  
Just Right  
Rice Bubbles  
Weet-bix  
Oats/Porridge  
Special K  
Puffed Wheat  
Muesli  
GF Special K  
GF Corn Flakes

## Breads/Grains

Wholemeal Bread  
Multigrain bread  
Soughdough Bread  
GF Bread  
Raison Toast  
English Muffins  
Crumpets  
Croissants



## Fruit

Apples  
Apricots  
Banana  
Blackberries  
Blueberries  
Cherries  
Dragon Fruit  
Grapes  
Honeydew Melon  
Kiwi Berries  
Mulberries  
Nectarines  
Oranges  
Papaya  
Peaches  
Raspberries



## Dairy/Milks

Shredded Cheese  
Sliced Cheese  
Yoghurt  
Coconut Yoghurt  
Butter  
Margarine  
Milk  
Coconut Milk  
Soy Milk



## Proteins/Other

Bacon  
Eggs  
Hashbrowns  
Cooked Tomato  
Cooked Mushroom  
Avocado  
Fresh Juice

## Treats

Pancakes  
Muffins  
Hashbrowns  
Banana bread  
Danishes

## Spreads

Jam  
Vegemite  
Honey  
Tomato Chutney

