



Menu A

(This particular menu is relevant during the warmer school terms, generally 1 & 4)

Week	Monday (Meat-free Mondays!)	Tuesday	Wednesday	Thursday	Friday
1	Garlic Bread + Mixed Platters	Mini Quiches+ Mixed Platters	Turkey Meatballs + Mixed Platters	Potato Gems + Mixed Platters	Flat Bread & Dips + Mixed Platters
2	Vegetarian Spring-Rolls + Mixed Platters	Gourmet Sanga's + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Mexican Salad Bowls	Wedges + Mixed Platters
3	Potato Gems + Mixed Platters	Sushi Bowls	Tacos + Mixed Platters	Chicken Chipolata Rolls + Mixed Platters	Veg Nacho's + Mixed Platters
4	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Sushi + Mixed Platters	Honey Soy Chicken Wings w/ rice / Vege Nuggets + Mixed Platters	Gourmet Sanga's + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
5	Mexican Salad Bowls	Tacos + Mixed Platters	Garlic Bread + Mixed Platters	Mini Quiches + Mixed Platters	Wedges + Mixed Platters
6	Salad Sandwiches + Mixed Platters	Turkey Meatballs / Vegetarian Nuggets + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters Mini Quiches + Mixed Platters	Sushi + Mixed Platters	Veg Nacho's + Mixed Platters
7	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Honey Soy Chicken Wings with rice / veg nuggets + Mixed Platters	Vegetarian Spring Rolls + Mixed Platters	Tacos + Mixed Platters	Garlic Bread + Mixed Platters
8	Vegetarian Spring-Rolls + Mixed Platters	Gourmet Wraps + Mixed Platters	Sushi + Mixed Platters	Mexican Salad Bowls	Potato Gems + Mixed Platters
9	Salad Sandwiches + Mixed Platters	Chicken Chipolata Rolls + Mixed Platters	Mini Quiches + Mixed Platters	Turkey Meatballs / Veg nuggets + Mixed Platters	Flat Bread & Dips + Mixed Platters
10	Veg Nacho's + Mixed Platters	Sushi + Mixed Platters	Gourmet wraps + Mixed Platters	Honey Soy Chicken Wings with rice + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters
11	Garlic Bread + Mixed Platters	Gourmet Sanga's + Mixed Platters	Wedges + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Spring Rolls + Mixed Platters

Menu B

(This particular menu is relevant during the cooler school terms, generally 2 & 3)



Week	Monday (Meat-free Mondays!)	Tuesday	Wednesday	Thursday	Friday
1	Garlic bread + Mixed Platters	Pumpkin & Vegetable Soup w/bread	Tuna or Cheese Pasta Bake + Mixed Platters	Sushi + Mixed Platters	Flat Bread & Dips + Mixed Platters
2	Dahl & Rice + Mixed Platters	Pasta with Turkey/Vegetarian Bolognese	Chicken/ Vegetarian Nuggets + Mixed Platters	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
3	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Sushi Bowls + Mixed Platters	Shepherds Pie + Mixed Platters	Minestrone w/ Turkey & Quinoa meatballs	Baked Mixed Vegetables + Mixed Platters
4	Veg Nacho's + Mixed Platters	Tacos + Mixed Platters	Butter Chicken / Paneer Butter Masala with Rice + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Turkey Meatballs / Veg nuggets + Mixed Platters
5	Vegetarian Spring-Rolls + Mixed Platters	Sushi + Mixed Platters	Mexican Salad Bowls + Mixed Platters	Pasta with Turkey Bolognese / Bechamel	Flat Bread & Dips + Mixed Platters
6	Salad Sandwiches + Mixed Platters	Pumpkin & Vegetable Soup w/bread	Tacos + Mixed Platters	Dahl & Rice + Mixed Platters	Garlic Bread + Mixed Platters
7	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Butter Chicken/ Paneer Butter Masala with Rice + Mixed Platters	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Sushi + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters
8	Veg Nacho's + Mixed Platters	Minestrone w/ Turkey & Quinoa meatballs	Dahl & Rice + Mixed Platters	Shepherds Pie + Mixed Platters	Potato Gems + Mixed Platters
9	Baked Mixed Vegetables + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Sushi + Mixed Platters	Butter Chicken/ Paneer Butter Masala with Rice + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
10	Potato Gems + Mixed Platters	Pasta with Turkey/Vegetarian Bolognese	Pumpkin & Vegetable Soup w/bread	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters
11	Mexican Salad Bowls + Mixed Platters	Tacos + Mixed Platters	Flat Bread & Dips + Mixed Platters	Butter Chicken / Paneer Butter Masala with Rice	Baked Mixed Vegetables + Mixed Platters