



Menu A

(This particular menu is relevant during the warmer school terms, generally 1 & 4)

Week	Monday (Meat-free Mondays!)	Tuesday	Wednesday	Thursday	Friday
1	Garlic Bread + Mixed Platters	Mini Quiches+ Mixed Platters	Turkey Meatballs + Mixed Platters	San Choy Bow + Mixed Platters	Flat Bread & Dips + Mixed Platters
2	Vegetarian Spring-Rolls + Mixed Platters	Ham/Turkey/Cheese & Salad Sandwiches + Mixed Platters	Chicken/Vegetarian Cheese/Tomato Pasta-bake + Mixed Platters	Mexican Rice & Salad + Mixed Platters	Chicken Meatballs + Mixed Platters
3	Potato Chips + Mixed Platters	Poke Bowls + Mixed Platters	Tacos + Mixed Platters	Chicken Chipolata Rolls + Mixed Platters	Veg Nacho's + Mixed Platters
4	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Sushi + Mixed Platters	Honey Soy Chicken Wings /Vegetarian Nuggets + Mixed Platters	Burrito Bowls + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
5	Mexican Rice & Salad + Mixed Platters	Tacos + Mixed Platters	Garlic Bread + Mixed Platters	Mini Quiches + Mixed Platters	Potato Chips + Mixed Platters
6	Salad Sandwiches + Mixed Platters	Turkey Meatballs / Vegetarian Nuggets + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Sushi + Mixed Platters	Veg Nacho's + Mixed Platters
7	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Honey Soy Chicken Wings /Vegetarian Nuggets + Mixed Platters	Mini Turkey Burgers + Mixed Platters	Tacos + Mixed Platters	Garlic Bread + Mixed Platters
8	Vegetarian Spring-Rolls + Mixed Platters	Ham/Turkey/Cheese & Salad Wraps + Mixed Platters	Poke Bowls & Mixed Platters	San Choy Bow + Mixed Platters	Sushi + Mixed Platters
9	Salad Sandwiches + Mixed Platters	Chicken Chipolata Rolls + Mixed Platters	Chicken Fried Rice + Mixed Platters	Turkey Meatballs / Veg nuggets + Mixed Platters	Flat Bread & Dips + Mixed Platters
10	Veg Nacho's + Mixed Platters	Sushi + Mixed Platters	Honey Soy Chicken Wings /Vegetarian Nuggets + Mixed Platters	Mini Turkey Burgers + Mixed Platters	Chicken Meatballs/Vegetarian Nuggets + Mixed Platters
11	Garlic Bread + Mixed Platters	Ham/Turkey & Salad Sandwiches + Mixed Platters	Poke Bowls + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Spring Rolls + Mixed Platters



Menu B

(This particular menu is relevant during the cooler school terms, generally 2 & 3)

Week	Monday (Meat-free Mondays!)	Tuesday	Wednesday	Thursday	Friday
1	Garlic bread + Mixed Platters	Pumpkin & Vegetable Soup w/bread	Tuna or Cheese Pasta Bake + Mixed Platters	Sushi + Mixed Platters	Flat Bread & Dips + Mixed Platters
2	Mexican Rice & Salad + Mixed Platters	Pasta with Turkey/Vegetarian Bolognese	Chicken Fried Rice + Mixed Platters	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
3	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Poke Bowls & Mixed Platters	Shepherds Pie + Mixed Platters	Minestrone w/ Turkey & Quinoa meatballs + Fruit Platter	Baked Mixed Vegetables + Mixed Platters
4	Veg Nacho's + Mixed Platters	Tacos + Mixed Platters	Butter Chicken / Paneer Butter Masala with Rice + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters	Turkey Meatballs / Veg nuggets + Mixed Platters
5	Vegetarian Spring-Rolls + Mixed Platters	Sushi + Mixed Platters	Mexican Rice & Salad + Mixed Platters	Pasta with Turkey Bolognese / Bechamel	Flat Bread & Dips + Mixed Platters
6	Salad Sandwiches + Mixed Platters	Pumpkin & Vegetable Soup w/bread	Tacos + Mixed Platters	Mini Turkey Burgers + Mixed Platters	Garlic Bread + Mixed Platters
7	Cheese or Cheese/Tomato Pasta-bake + Mixed Platters	Butter Chicken/ Paneer Butter Masala with Rice + Mixed Platters	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Sushi + Mixed Platters	San Choy Bow + Mixed Platters
8	Veg Nacho's + Mixed Platters	Minestrone w/ Turkey & Quinoa meatballs + Fruit Platter	Dahl & Rice + Mixed Platters	Shepherds Pie + Mixed Platters	Potato Chips + Mixed Platters
9	Baked Mixed Vegetables + Mixed Platters	Tuna or Cheese Pasta Bake + Mixed Platters	Sushi + Mixed Platters	Butter Chicken/ Paneer Butter Masala with Rice + Mixed Platters	Vegetarian Spring-Rolls + Mixed Platters
10	Garlic Bread + Mixed Platters	Pasta with Turkey/Vegetarian Bolognese	Pumpkin & Vegetable Soup w/bread	Honey-Soy Chicken wings/ Veg Nuggets + Mixed Platters	Chicken/ Vegetarian Nuggets + Mixed Platters
11	Mexican Salad Bowls + Mixed Platters	Tacos + Mixed Platters	Flat Bread & Dips + Mixed Platters	Butter Chicken / Paneer Butter Masala with Rice	Baked Mixed Vegetables + Mixed Platters